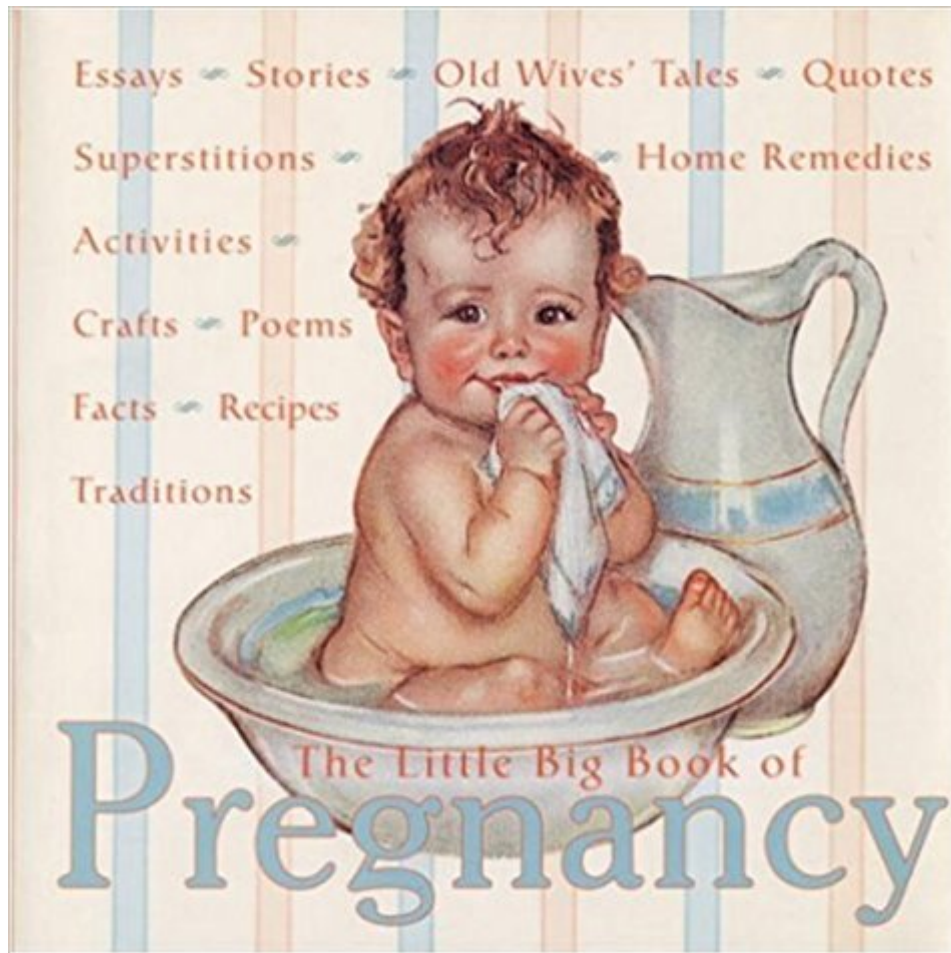




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The Little Big Book Of Pregnancy (Little Big Books (Welcome))



Synopsis

A prequel to our best-selling Little Big Book for Moms! The 12th title in the Little Big Book series, The Little Big Book of Pregnancy is destined to become a classic literary companion for any expectant mom. Filled with the best fiction, poetry, and essays on the subject of birth and pregnancy, this heartwarming anthology is also peppered with fascinating customs and rituals from around the world, time-honored home remedies, delightful old wives' tales, nutritious recipes, and wonderful crafts and activities. The turn of each page brings something interesting and entertaining to read, to do, or to learn. Illustrated throughout with the same period art and ephemera that has become the signature of this series, the imagery is both charming and elegant. A visual and editorial feast, The Little Big Book of Pregnancy is simply the perfect gift for any mom to-be. Featuring: 8 literary excerpts and short stories, including *The Good Earth* by Pearl S. Buck, *Delusions of Granma* by Carrie Fisher, and *The Diary of Adam and Eve* by Mark Twain. 12 essays by such notable writers as Naomi Wolf, Louise Erdrich, and Hope Edelman. 12 poems by, among others, Sylvia Plath, Walt Whitman, Erica Jong, and Joyce Carol Oates. Home remedies for seven typical pregnancy complaints, including stretch marks, morning sickness, body aches, and heartburn. More than 50 traditions from around the world covering birth, naming, labor, and pregnancy. More than 50 traditions from around the world covering birth, naming, labor, and pregnancy. More than 50 old wives tales, including how to tell if it's a boy or a girl, what to do for a smooth delivery, and how to know if you're having twins! 16 recipes for nourishing treats such as Energizing Drinks, Super Sandwiches, Delicious Snacks, and Satisfying Salads. 16 activities, such as writing letters to your unborn child, painting a cloud ceiling in the nursery, and relaxing with daily meditations. 6 categories of "Fun Facts," including popular baby names from around the world, a month-by-month guide to your baby's fetal development, and statistics about babies, birth, and pregnancy. More than a dozen quotes concerning birth, pregnancy and becoming a parent, by celebrities, writers, and notable personalities such as William Blake, Alistair Cooke, Colette, Robin Williams, and Erma Bombeck.

Book Information

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Average Customer Review: 4.9 out of 5 stars Â Â See all reviewsÂ (10 customer reviews)

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Customer Reviews

This book has entertained, delighted and touched me over two pregnancies. I read this book when I was pregnant the first time and teared up at the poems and short stories, laughed out loud at the funnier passages and was amused by the old wives' tales. If I were more into cooking, I would try some of the recipes, but must confess I am not. This afternoon, I read some of it again and (true, I'm hormonal) and found myself bawling hysterically at some of the quotes and poems. It's kind of like a Chicken Soup for the Pregnant Women's Soul, but for pregnant women who read The New Yorker. Sharon Olds, Anne Lammott, Tolstoy and Sylvia Plath are some of the authors...but so is Paul Reiser and the author of Girlfriend's Guide. I give this book as a gift to my closest girlfriends who are pregnant for the first time and highly recommend it to anyone who wants a good read, a good laugh and a good cry. P.S. Carl Sandburg says that having a baby is God's opinion that the world should go on. Isn't that cool? (sniff sniff)

I received this book as a gift from a co-worker, and really enjoyed it. The contents run the gamut from recipes, crafts, old-fashioned drawings and nursery rhymes to hip, modern advice about the birth of your baby and beyond. Because everything is an excerpt or snippet, you'll find yourself wanting to go out and read the rest of some of the works featured inside. From sentimental to sassy, this book has a bit of everything and makes a perfect gift for 1st time moms-to-be.

Everything from oldwives tales to a chicken salad recipe can be found here. Cute little square book that really packs a punch. Poignant stories, tips, recipes, idea, crafts. Lovely.

I bought this book for my best friend who is now about 6 months pregnant with her first child. She loved this book and said that she spent hours reading it with her husband. I know it is definitely something that she will treasure.

I always enjoy this series of books. Contains a variety of creative genres suitable for different interests e.g. stories, poetry, recipes, etc.

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